



Prince George's  
County

PRESENTS

# MENTAL HEALTH FIRST AID TRAINING

FOR ANYONE WHO WANTS TO PROVIDE HELP  
TO FAMILY MEMBERS, FRIENDS, OR  
COWORKERS

SATURDAY, APRIL 1, 2023  
9 AM TO 3:30 PM

Develop effective skills to assist with  
depression, panic attacks, suicide ideation,  
substance use challenges, and more!

Discover resources and help end the stigma.

REGISTER NOW

For questions, please email:  
[t-kea@t-keablackman.com](mailto:t-kea@t-keablackman.com)

Limited to  
**25 participants!**

