



10<sup>th</sup>

ANNUAL

# NO EXCUSE FOR DATING ABUSE

## Teen Summit

### FRIDAY, FEBRUARY 3, 2023

AGES 11-21 | 6:30 PM – 9:30 PM | REFRESHMENTS SERVED FROM 6:30 PM – 7:00 PM  
(You must be registered to receive refreshments.)

Teens will discuss the warning signs of dating abuse and how they can support one another.

**EMCEE'S:**  
Deja Perez, Jason Lyric  
**SPECIAL GUEST EMCEE'S**  
Substantial and  
Christina M. Jones, Esq.

- Teen Panel
  - Fashion Show with a Ballroom Scene performance
  - Poetry and Visual Art Contest
  - Entertainment
  - Counseling Available
- #controlisnotlove*  
*#noabusenoexcuse10*

Join our Vendors with "Passport to Healthy Relationships"  
(First 100 teens who participate within the "Passport to Healthy Relationships" will receive a swag bag)

Visit [pgparksdirect.com](http://pgparksdirect.com) and enter ticket code in the search bar **NRLS-SPEC-GA-20230203**  
Address: Prince George's Community College Center for Performing Arts – Grand Theater, 301 Largo Road, Largo, MD 20774  
For additional information, call: 301-448-2073 or email [Carlotta.Wade@pgparks.com](mailto:Carlotta.Wade@pgparks.com)



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For more information, please email Customer Service at [customerservice@pgparks.com](mailto:customerservice@pgparks.com) or call 301-699-2255; Maryland Relay 7-1-1 for customers who are deaf, hard of hearing, or have a speech disability.  
Our front desk staff has access to an over-the-phone interpretation service and can help in over 150 languages. Please ask for assistance when you call or visit us.  
The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability accommodation.

# 10<sup>th</sup> ANNUAL NO EXCUSE FOR DATING ABUSE

February is Teen Dating Violence Awareness Month! This is a national effort to raise awareness about dating violence, promote programs that support young people and encourage communities to prevent this form of abuse. Our goal is to decrease the prevalence of dating violence among young people.

"We are celebrating 10 years of bringing Teen Dating Violence Awareness to our communities having impacted 7,000 teens and their families, with over 5,000 teens taking the "Healthy Relationship Pledge."

## HERE'S HOW WE ARE CELEBRATING 10 YEARS:

### TRAP CARDIO *with a little step*

10AM-12NOON | SATURDAY, JANUARY 7, 2023  
AGES: 12 AND UP

Aerobics helps improve participants' self-confidence and motivation to exercise. When we love and value ourselves, it translates into our relationships and how we allow others to treat us.

- Aerobics = Self-care and self-love
- Health and wellness information and counseling will be available
- Healthy snacks
- Special Guest Speakers
- Giveaways

Visit [pgparksdirect.com](http://pgparksdirect.com) and enter ticket code in the search bar  
NRLS-SPEC-GA-20230107

**FREE** Address: Largo/Kettering/Perrywood Community Center  
431 Watkins Park Drive, Upper Marlboro, MD 20774

### LGBTQ+ EDITION *Same Sex, Same Problems*

6:30PM -9PM | FRIDAY, JANUARY 27, 2023  
AGES: 12 AND UP

Teens from this community can express themselves in a safe space and participate in a "BALLROOM" competition.

- Panel discussion with their peers
- Giveaways
- Photo shoots

**#controlisnotlove**  
**#noabusenoexcuse10**

Visit [pgparksdirect.com](http://pgparksdirect.com) and enter ticket code in the search bar  
NRLS -SPAC-GA-20230127

**FREE** Address: Seat Pleasant Activity Center  
5720 Addison Road, Seat Pleasant MD 20743

Register at [www.pgparksdirect.com](http://www.pgparksdirect.com) | REGISTRATION IS REQUIRED  
For additional information, call: 301-448-2073 or email [Carlotta.Wade@pgparks.com](mailto:Carlotta.Wade@pgparks.com)



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