

# MY SOLE KNOWS 5K

## RUN/WALK/VIRTUAL

### SEPTEMBER 16, 2023

THIS RUN/WALK SUPPORTS MENTAL & BEHAVIORAL HEALTH!  
THE YDF WOULD LIKE TO PROVIDE EVERYONE IN THE COMMUNITY WITH AN  
OPPORTUNITY TO SUPPORT OUR MOST VALUABLE ASSETS, OUR YOUTH!

FOR MORE INFORMATION CALL: 301-336-7600



[HTTPS://RUNSIGNUP.COM/RACE/MD/DISTRICTHEIGHTS/MYSOLEKNOW5K](https://runsignup.com/race/md/districtheights/mysoleknow5k)

Disclaimer: The Prince George's County Public School is not sponsoring, endorsing, or recommending the activities announced in this flyer.



SCAN ME

# MY SOLE KNOWS 5K

## RUN/WALK/VIRTUAL

### 16 DE SEPTIEMBRE DE 2023

¡ESTA CARRERA / CAMINATA APOYA LA SALUD MENTAL!

¡YDF LE GUSTARÍA BRINDARLES A TODOS EN LA COMUNIDAD LA OPORTUNIDAD DE APOYAR NUESTROS ACTIVOS MÁS VALIOSOS, NUESTRA JUVENTUD!

PARA MAS INFORMACION LLAME: 301-336-7600



REGÍSTRESE AQUÍ: [HTTPS://RUNSIGNUP.COM/RACE/MD/DISTRICTHEIGHTS/MYSOLEKNOW5K](https://runsignup.com/race/md/districtheights/mysoleknow5k)

Descargo de responsabilidad: Las Escuelas del Condado de Prince George no patrocinan, respaldan ni recomiendan las actividades anunciadas en este folleto.



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